

CNS Sports Stars Data – Tanfield Lea Community Primary School – 2015-16

Vision

A measurable and sustained improvement in school PE and sport, underpinned by high-quality teaching that increases participation levels in physical activity, and leads to healthier pupils who are more engaged across the whole curriculum. This will be our legacy to the London 2012 Olympic and Paralympic Games.

Objectives

- 1.** To improve the quality of existing PE teaching through continuing professional development in PE for generalists, so that all primary pupils improve their health, skills and physical literacy, and have broader exposure to a range of sports.
- 2.** To increase participation levels in competitive sport and healthy activity of pupils, and maintain these into adolescence.
- 3.** To increase the quality of initial teacher training in PE and sport, and to promote PE specialisation in primary level workforce.
- 4.** Schools understand and value the benefits of high quality PE and sport, including its use as a tool for whole school improvement.

At CNS Sports Stars we offer a bespoke package to all schools. Our aims are to promote physical education and sport in Key Stage 1 and 2 with the hope this is continued into future key stages and in life outside of school. We encourage staff from all schools to observe, support and co teach PE lessons to help improve school staff knowledge on both PE and specific sports.

All of our staff are CRB/DBS checked and are observed in line with school policy. Staff attend CPD opportunities with the local county council and in future SAFC foundation light.

Our cluster package was designed in co-operation with 4 schools all under the same business manager. The aim of the package was to;

- 1 – Increase participation levels
- 2 – Challenge and support MAT students
- 3 – Improve teacher knowledge
- 4 – Provide opportunities for students to experience a wide range of activities
- 5 – Make it sustainable and affordable

As part of our service and our strong links to the cluster we have put 2 of our staff per school year through the level 3 qualification delivered by the PE County Council.

Evidence

See appendices for CPD, school registers, observations, data information in this booklet, student voice to be carried out at the end of each school year.

CNS Sports Stars Year Plan

DATE	Festival Competition	YEAR GROUP	ACTIVITY	WHERE	SCHOOLS
Term 1					
Tuesday 20 th October	Festival	Y6	Multi Skills	@ Tanfield	B,WG, TL, LM
Friday 23 rd October	Competition	Y3 and 4	Tag Rugby	@ Brandon	B,WG, TL, LM
Tuesday 8 th December	Festival	Y5	Multi Skills	@ Tanfield	B,WG, TL, LM
Friday 11 th December	Competition	Y1 and Y2	Hockey	@ Tanfield	B,WG, TL, LM
Term 2					
Tuesday 9 th February	Festival	Y4	Multi Skills	@ Witton	B,WG, TL, LM
Friday 12 th February	Competition	Y5 and Y6	High 5	@ Brandon	B,WG, TL, LM
Tuesday 15 th March	Festival	Y3	Multi Skills	@ Witton	B,WG, TL, LM
Friday 18 th March	Competition	Y1 and Y2	Football	@ Brandon	B,WG, TL, LM
Term 3					
Tuesday 17 th May	Festival	Y2	Multi Skills	@ Brandon	B,WG, TL, LM
Friday 20 th May	Competition	Y3 and Y4	Cricket	@ Witton	B,WG, TL, LM
Tuesday 12 th July	Festival	Y1	Multi Skills	@ Brandon	B,WG, TL, LM
Friday 15 th July All Day	Competition	Y5 and Y6	Athletics	@ Brandon	B,WG, TL, LM
Leadership/Delivery Sessions					
Leadership	Anthony	After School on a Thursday			

Delivery Sessions		
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CPD for School Staff

As part of the festival and competition delivery staff from school are able to work alongside CNS coaches.

This can help improve staffs knowledge on;

- Individual and team sports
- Delivery of sporting activities
- Scoring systems in sports
- Structure of coaching sessions
- Rules and regulations of sports

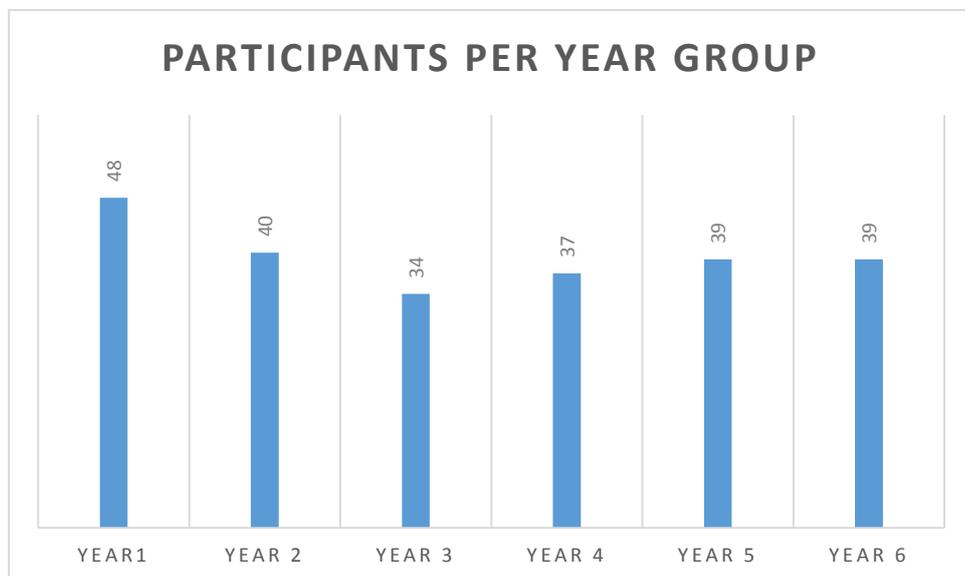
Festival Programme

The festival programme is designed to cater for all students of all abilities. Each festival offers a wide range of activities such as OAA, Dance, Sending and Receiving, FUNdamentals, Team Games and Striking and Fielding.

The aim of the festival programme is to offer a wide range of activities. In doing this it is hoped the students will find an activity of interest they can then continue to participate in at school and/or out of school. EVERY STUDENT in the school takes part in the festival for their year group.

The sessions work on a carousel basis where students have 20 minutes at each activity.

Festival Participation Levels at Tanfield Lea Community Primary School



Competition Programme

The competition programme is a half termly programme with 2 hours per week in school coaching followed by a half day competition within the 4 school cluster. During this in school coaching there is the opportunity for school staff to obtain invaluable knowledge on the various sports, rules, coaching sessions and CNS staff knowledge.

There is a wide variety of competitive sport on offer throughout the school year. ***The programme is delivered across the full school and can be accessed by all students in the school***

The 16-20 more able and talented (MAT) students are selected by the CNS and school staff to represent their school at the cluster competition.

Competition Participation Levels at Tanfield Lea Community Primary School

Year Group	Number of students
Year 1 & 2	32
Year 3 & 4	32
Year 5 & 6	36

Staff Voice

A total of 19 staff from participating schools in the winter and spring festivals/competitions rated the below categories on a questionnaire from 1 very good to 5 very poor.

	Rating 1	Rating 2	Rating 3	Rating 4	Rating 5	N/A	Total
Communication with CNS	19						19
Transport Arrangements	17					2	19
Venue	19						19
CNS Staff- appearance, conduct, etc.	19						19
Arrival to venue	14	2				3	19
Organisation of the day	19						19
Quality of activities/coaching sessions	19						19
Enjoyment	19						19
Use of timetable	19						19
Departing from venue	16					3	19

Overall the results clearly show that the staff appreciated the quality of the service provided with the vast majority rating it as very good. In a small number of returns staff indicated that an improvement could be made in the arrival to the venue. CNS will take this issue on board and ensure this issue is addressed in future.

All additional comments from the questionnaires were very positive with the majority stating that the festivals/competitions were well organised and the children were engaged throughout and

enjoyed the festivals/competitions. Some examples of additional comments from staff can be seen below:

‘Very well organised- every aspect!!! The children were all engaged and supported when they were struggling’

‘Staff are great at including SEN children and being flexible with how much they take part’

‘Children active and engaged throughout, all really enjoyed the morning’

Student Voice

A total of 32 children from the participating schools in the winter and spring festivals/competitions answered five questions on a questionnaire. Below you can find a summary of the children’s responses along with a sample of their comments.

Question 1- what did you enjoy most today?

Thirty of the children said that they enjoyed a specific activity.

Question 2 – Why did you enjoy it?

Ten children indicated they had fun participating in an activity and nine said they had enjoyed it. Seven children wrote that they had been successful in an activity with three saying they had enjoyed meeting new friends.

Example answers:

‘It was fun and I met new people’

‘I enjoyed it because you have lots of fun’

‘because I scored 5 goals’

Question 3- What did you learn today?

Twenty eight children wrote that they had learned something new from a new activity/game or just how to make new friends. Six people stated that they learned to have fun and enjoy themselves during the activities.

Example answers:

‘learned some new games. How to do an obstacle course’

‘work together and never give up’

‘a lot of sports and how to have fun’

Question 4- Did you like the CNS coaches? Why did you like them?

All thirty two children said that they liked the CNS coaches with ten stating that they helped them. Nine of the children said that the coaches were ‘nice’ or ‘good’ and seven describe them as ‘fun’.

Example answers:

'I liked CNS coaches because they help you and tell you what to do if you are stuck or lost'

'yes, because they were supportive'

'I liked the CNS coaches because they help you a lot'

Question 5- What would you change to make today better?

Twelve children said that they would change nothing about the day while twelve stated they would have added an additional activity.

Leadership Programme

The leadership programme was designed to select MAT students from across the curriculum to gain leadership skills to extend their learning. The MAT students can be selected in a variety of ways such as an application process or a simple identification from school staff. CNS staff then delivers 6-8 weeks of hourly sessions to guide students on how to be a sports leader. A sports leadership programme is supplied to the students to be completed on a weekly basis.

With this being the first year of delivery each school was given options of;

1 – Continuing with the MAT student learning via the delivery of blocks of leadership skills suited to different sports

2 – MAT students to deliver an after school session with the guidance/support of the CNS staff.

Lunch and After School Clubs

Sessions are very well attended at school. Lunch clubs are accessible to all children free of charge with the after school clubs costing a small fee. The lunch clubs main aim is for mass participation in a safe environment. This has been very successful with CNS staff setting up structured games for all children to participate in. After school clubs are more specific to key stage groups and specific in coaching. More skill based activities are delivered in this time. Sessions range from multi skills, ABC's, dance, football, cricket, dodgeball and many more.